

FOOD

GF: GLUTEN FREE | DF: DAIRY FREE | V: VEGETARIAN | VG: VEGAN | N: CONTAINS NUTS
 GFO: GLUTEN FREE OPTION | DFO: DAIRY FREE OPTION | VO: VEGETARIAN OPTION | VGO: VEGAN OPTION
 SUBSTITUTIONS WILL BE GIVEN FOR DIETARY REQUIREMENTS |
 WE DO OUR BEST WITH DIETARY REQUIREMENTS - THOUGH TRACES MAY OCCUR



EGGS ON TOAST (V, GFO, DFO)		16.5
FREE RANGE EGGS ON SOURDOUGH – POACHED / FRIED / SCRAMBLED		
PORRIDGE (N)		18
ORGANIC STEEL CUT OATS, CREAM, CARAMELISED BANANA, POACHED PEAR WITH BERRY COMPOTE, TOASTED ALMONDS & COCONUT		
SMASHED AVO (V, GFO, VGO)		18
FRESH AVOCADO, MARINATED FETA WITH LEMON & WATERCRESS ON SOURDOUGH ADD HALLOUMI + 8		
SALMON BAGEL (V)		25
CREAM CHEESE, SALMON WITH PICKLED SHALLOTS, CAPERS, LEMON & DILL		
CHILLI SCRAMBLE (V, GFO)		23
SCRAMBLED EGGS WITH CRISPY CHILLI OIL & SHALLOTS ON SOURDOUGH ADD BACON + 8		
BENNY ON TOAST (V, GFO)		25
SPINACH, POACHED EGGS WITH HOUSE-MADE HOLLANDAISE ON SOURDOUGH CHOOSE: BACON, SMOKED SALMON OR SAUTEED MUSHROOMS		
MUSHROOMS ON TOAST (V, GFO)		24
STRACCIATELLA CHEESE, GRILLED MUSHROOMS WITH PARMESAN, HERBIE VERDE & FRIED EGG ON SOURDOUGH		
POTATO ROSTI (GF, V, VGO)		24
POACHED EGGS, CASHEW CREAM, GARLIC AIOLI & PICKLED CABBAGE ADD BACON + 8		
BREAKY ROLL (GFO, VO)		19
SMOKED BACON, FRIED EGG, CHEESE, BABY SPINACH & STABLE BBQ SAUCE		
GREEN BOWL (GF, VO, VGO)		25
AVOCADO, QUINOA, CUCUMBER, EDAMAME, GRILLED BROCCOLINI, LETTUCE, TARRAGON MAYO & LEMON CHOOSE: POACHED CHICKEN, HALLOUMI OR MARINATED TOFU		
CHICKEN FOCACCIA (GFO, DF)		22
POACHED CHICKEN WITH TARRAGON MAYO, LETTUCE, PICKLED CARROT & CHILLI OIL		
FISH TACOS (GF) (2)		22
LIGHTLY BATTERED FISH, ZESTY SLAW WITH HOUSE-MADE TARTARE, LIME & CORIANDER ADD TACO + 8		
STABLE CHEESEBURGER (GFO, VO)		26
LOCAVORE REGENERATIVE ORGANIC BEEF WITH LETTUCE, TOMATO, CHEESE, HOUSE PICKLES BURGER SAUCE ON A BREAD SOCIAL BUN & FRIES VO: SAUTEED MUSHROOMS OR GRILLED HALLOUMI		
KIDS		
KIDS ACAI (DF, VG, GF)	10	
ORGANIC ACAI CUP WITH STRAWBERRIES		
KIDS SCRAMBLED (V, GFO, DFO)	10	
SCRAMBLED EGG & BUTTERED TOAST		
STABLE SLIDER (GFO)	14	
LOCAVORE REGENERATIVE ORGANIC BEEF WITH CHEESE & TOMATO SAUCE		
SIDES		
POACHED EGG	4	
FRIED EGG	4	
POTATO ROSTI	9	
GRILLED HALLOUMI	8	
MARINATED FETA	6	
GRILLED TOMATO	6	
MARINATED TOFU	8	
ACAI (ORGANIC)		
STABLE BOWL (DF, VG, N, GF)		18
HOUSE GRANOLA, SEASONAL FRUITS, BANANA COCONUT FLAKES		
ADD:		
PEANUT BUTTER / BISCOFF		3
CACAO NIBS		2
CURRUMBIN HONEY		2
PASSIONFRUIT		2
AVOCADO		5
WILTED SPINACH		4
BACON		8
SAUTEED MUSHROOMS		8
POACHED CHICKEN		8
SMOKED SALMON		8
BOWL OF FRIES WITH SAUCE		14
SAUCES +2: HERBIE VERDE / TARRAGON MAYO / HOT SAUCE / CHILLI OIL / TOMATO / BBQ / VEGAN AIOLI		

DRINKS



COFFEE

ST ALI COFFEE, STH MELBOURNE

COFFEE	5.5/6.5	FILTER (ROTATING ROASTERS)	6
CHAI LATTE	5.5/6.5	COLD BREW	6
MATCHA	6.5/7.5	ICED LATTE	6.5
HOT CHOCOLATE	5.5/6.5	ICED MATCHA	7.5
BABYCHINO	3.5	ICED CHOCOLATE / CHAI / MOCHA	6.5
EXTRA SHOT	.5	ICED LONG BLACK	6.5
HONEY / MAPLE	1	SOY / OAT / ALMOND / COCONUT	1

TEA

PRANA STICKY CHAI	7
TAVALON TEA – ENGLISH BREAKFAST / EARL GREY / JASMINE / MINT / LEMONGRASS & GINGER	6

FRESHLY SQUEEZED OJ

SMALL	5
LARGE	9.5

SMOOTHIES

CLASSIC BANANA 14

BANANA, CURRUMBIN HONEY, MILK OF CHOICE, ICE

ADD PEANUT BUTTER +1

ADD CACAO +1

ADD PROTEIN +2

MANGO, LYCHEE & PASSIONFRUIT 14

MANGO, LYCHEE, PASSIONFRUIT, CURRUMBIN HONEY, COCONUT WATER, CHIA, ICE

ADD PROTEIN +2

GREEN SMOOTHIE 14

RAW GREENS POWDER, BANANA, SPINACH, FLAXSEEDS, COCONUT WATER, ICE

ADD PROTEIN +2

ACAI SMOOTHIE 14

ACAI, MIXED BERRIES, BANANA, COCONUT WATER

DRINKS FRIDGE

COLD PRESSED JUICES / KOMBUCHAS / HEALTHY SODAS / SAN PELLEGRINO SPARKLING WATER / LEMON LIME BITTERS / NON-ALCOHOLIC BEERS / COCO COAST COCONUT WATERS

ALCOHOL (FROM 10AM)

BALTER BEERS 12

CAPTAIN SENSIBLE / XPA / EAZY HAZY / CERVEZA

WINE & SPARKLING

PLEASE ASK OUR STAFF ABOUT OUR ROTATING WINE LIST – AVAILABLE BY THE GLASS AND BOTTLE

COCKTAILS (FROM 10AM)

BLOODY MARY 18 LIMONCELLO SPRITZ 20

VODKA, STABLE HOT SAUCE, TOMATO JUICE,
WORCHESTER SAUCE, LEMON, SALT & PEPPER
AND A DILL PICKLE

BYRON CELLO, PROSECCO, LEMON JUICE, LEMON
SORBET AND A CITRUS WHEEL

MIMOSA 16 BURLY GIN 16

ORGANIC PROSECCO, ORANGE JUICE

CUCUMBER, BERRY OR CITRUS GIN & TONIC
SERVED WITH GARNISH ON ICE

MARGARITA 20

SOLDADA TEQUILA, COINTREAU, FRESH LIME,
SALT RIM

18

APEROL SPRITZ

APEROL, PROSECCO, SODA WATER AND A
CITRUS WHEEL